



DOMESTIC VIOLENCE AWARENESS MONTH

WEEK OF ACTION 2026

OCTOBER DVAM

MON
10/19

Wheel of Empowerment **1000-1300 / MCRD Fitness Center**

Join FAP for an interactive experience at our Domestic Violence Awareness booth. Spin the wheel, answer a question about healthy relationships, safety, or support and win a prize.

TUE
10/20

Coasters for the Cause **0630-0830 / MCRD Gate**

In partnership with PMO, FAP staff will be giving out awareness beverage coasters to everyone entering the gates. Learn about domestic violence so that you can help recognize unhealthy or abusive behaviors.

WED
10/21

Strength Over Silence Fitness Class **1130-1215 / MCRD HITT Center**

Show your strength by participating in a special fitness class dedicated to raising awareness about domestic violence through movement. Together we will break the silence, build strength, and stand in solidarity with those impacted by abuse.

THU
10/22

Purple Thursday

Wear Purple Day! Everyone is encouraged to wear all things purple as a symbol of peace, courage, survival, honor, and personal dedication to domestic violence awareness. Snap a photo and tag us on FB, or IG. #PurpleThursdayMCRD

FRI
10/23

Kitchen's Closed to Domestic Violence Pickleball Tournament **1200-1400 / MCRD Pickleball Courts**

A few proud Marines and servicemembers are requested to raise awareness for domestic violence by representing your unit in a pickleball match. Raise money for your unit by competing and receive a free goody bag. Please complete the registration form on the back and return by 10/16.



@mccsmcrd



@MCCSMCRDSanDiego/WRR-Marine&Family

MARINE & Family
Family Advocacy Program

MC CS
SEMPER FIT

For event questions contact:
Laura Texier 619-524-1200 or
laura.texier@usmc.mil

MC CS
SAN DIEGO
sandiego.usmc-mccs.org

PICKLEBALL EVENT DETAILS

- Event Name: Kitchen's Closed to Domestic Violence
- Event **Check In begins at 1100** on 23 OCT at the MCRD Pickleball Courts
- Event begins at 1130 and ends at 1330
- Pickleballs and paddles will be provided
- Each match will be a doubles match
- Each unit to provide a minimum of 2 teams (or 4 players)
- **Fill out the information below and email to: laura.texier@usmc.mil by 16 OCT.**
- Questions? Contact Laura Texier at (619) 524-1200

Participant Information

Full Name: _____

Rank: _____

Phone Number: _____

Email Address: _____

Command/Unit: _____

Participant Information

Full Name: _____

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