

## Exceptional Family Member Program National Resources:

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### Advocacy

Resource	Phone Number	Website
Disability Rights Advocates	510-665-8571 (fax) 510-665-8644 (voice)	<a href="http://www.dralegal.org">http://www.dralegal.org</a>
Easterseals	1-800-221-6827	<a href="http://www.easterseals.com">http://www.easterseals.com</a>
National Adult Protective Services Association	202-370-6292	<a href="http://www.napsa-now.org">http://www.napsa-now.org</a>
National Alliance on Mental Illness (NAMI)	703-524-7600	<a href="http://www.nami.org">http://www.nami.org</a>
Wright's Law		<a href="http://www.wrightslaw.com">http://www.wrightslaw.com</a>

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### Allergies

Resource	Phone Number	Website
National Institutes of Health (NIH)	301-496-6827	<a href="http://www.nih.gov/">http://www.nih.gov/</a>

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### Attention-Deficit/Hyperactivity Disorder (ADHD)

Resource	Phone Number	Website
American Academy of Child & Adolescent Psychiatry	202-966-7300	<a href="http://www.aacap.org/AACAP/Families_and_Youth/Resource_Centers/ADHD_Resource_Center/Home.aspx">http://www.aacap.org/AACAP/Families_and_Youth/Resource_Centers/ADHD_Resource_Center/Home.aspx</a>
CHADD The National Resource on ADHD	301-306-7070	<a href="http://www.help4adhd.org/">http://www.help4adhd.org/</a>
CHADD Resource Directory		<a href="http://www.chadd.org/Support/Directory.aspx?state=111111">http://www.chadd.org/Support/Directory.aspx?state=111111</a>

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### Autism

Resource	Phone Number	Website
Autism Society	1-800-328-8476	<a href="http://www.autism-society.org/">http://www.autism-society.org/</a> Email: <a href="mailto:info@autism-society.org">info@autism-society.org</a>
Autism Speaks	888-288-4762	<a href="http://www.autismspeaks.org/">http://www.autismspeaks.org/</a> Email: <a href="mailto:familyservices@autismspeaks.org">familyservices@autismspeaks.org</a>
IDEA That Works		<a href="https://osepideasthatwork.org/">https://osepideasthatwork.org/</a>
National Autism Association	1-877-622-2884	<a href="http://nationalautismassociation.org/?gclid=CNSTgZXGhr4CFe99OgodE38AIA">http://nationalautismassociation.org/?gclid=CNSTgZXGhr4CFe99OgodE38AIA</a>
National Autism Center (NAC)	1-877-313-3833	<a href="http://www.nationalautismcenter.org/resources/">http://www.nationalautismcenter.org/resources/</a>
Partnerships for Action, Voices for Empowerment (PAVE)	253-565-2266	<a href="http://wapave.org/">http://wapave.org/</a>
The Arc Autism Now	202- 600-3480 1-855-828-8476	<a href="http://autismnow.org/">http://autismnow.org/</a>
Tricare Autism Care Demonstration		<a href="https://www.tricare-west.com/content/hnfs/home/tw/prov/autism-care-demonstration.html">https://www.tricare-west.com/content/hnfs/home/tw/prov/autism-care-demonstration.html</a>

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### Cancer

Resource	Phone Number	Website
American Cancer Society	1-800-227-2345	<a href="http://www.cancer.org">http://www.cancer.org</a>
Brain Tumor Association	1-800-866-2282 773-577-8759	<a href="http://www.abta.org">www.abta.org</a>
Cleaning for a Reason	1-877-337-3348	<a href="http://www.cleaningforareason.org/">http://www.cleaningforareason.org/</a>
Leukemia & Lymphoma Society	1-800-955-4572	<a href="http://www.lls.org">www.lls.org</a>
Mayo Clinic	1-877-858-0398 (Online Services)	<a href="http://www.mayoclinic.com">www.mayoclinic.com</a>
Susan G. Komen	1-877-465-6636	<a href="http://ww5.komen.org/">http://ww5.komen.org/</a>

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## Exceptional Family Member Program National Resources:

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### Cerebral Palsy

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Resource	Phone Number	Website
American Academy for Cerebral Palsy and Developmental Medicine	414-918-3014	<a href="http://www.aacpdm.org">www.aacpdm.org</a>
Cerebral Palsy International Research Foundation	212-520-1686	<a href="http://www.cpirf.org/">http://www.cpirf.org/</a>
National Institute of Neurological Disorders and Stroke	1-800-352-9424	<a href="http://www.ninds.nih.gov/">www.ninds.nih.gov/</a>
Reaching for the Stars		<a href="http://www.reachingforthestars.org">www.reachingforthestars.org</a>
United Cerebral Palsy (UCP)	1-800-872-5827 202-776-0406	<a href="http://ucp.org/">http://ucp.org/</a>

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### Delayed Milestones

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Resource	Phone Number	Website
Administration on Developmental Disabilities	202-690-6590	<a href="https://acl.gov/about-acl/administration-disabilities">https://acl.gov/about-acl/administration-disabilities</a>
American Speech, Language and Hearing Association	1-800-638-8255 1-888-321-2742	<a href="http://www.asha.org/">http://www.asha.org/</a>
Developmental Delay Resources (DDR)	1-800-497-0944	<a href="http://www.devdelay.org/">www.devdelay.org/</a>
First Signs	firstsigns@gmail.com	<a href="http://www.firstsigns.org">www.firstsigns.org</a>
March of Dimes	1-888-663-4637	<a href="http://www.modimes.org/">http://www.modimes.org/</a>
National Center for Learning Disabilities	301-966-2234	<a href="http://www.nclld.org/">http://www.nclld.org/</a>
Zero to Three	(202) 638-1144 800-899-4301	<a href="http://www.zerotothree.org">www.zerotothree.org</a>

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### Diabetes

Resource	Phone Number	Website
American Diabetes Association	1-800-342-2383	<a href="https://www.diabetes.org/">https://www.diabetes.org/</a>

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### Down Syndrome

Resource	Phone Number	Website
National Down Syndrome Congress	1-800-232-6372	<a href="http://www.ndscenter.org/">http://www.ndscenter.org/</a>
National Down Syndrome Society	1-800-221-4602	<a href="http://www.ndss.org/">http://www.ndss.org/</a>

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### Education/Special/Education/Schools-based Services

Resource	Phone Number	Website
Department of Education	1-800-872-5327	<a href="http://www.ed.gov">www.ed.gov</a>
DODEA Department of Defense Education Activity	<a href="https://www.dodea.edu/newsroom/contact.cfm">https://www.dodea.edu/newsroom/contact.cfm</a>	<a href="https://www.dodea.edu/index.cfm">https://www.dodea.edu/index.cfm</a>
Military Child Education Coalition	254-953-1923	<a href="http://www.militarychild.org">www.militarychild.org</a>

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### Epilepsy

Resource	Phone Number	Website
Epilepsy Foundation	1-800-332-1000 (English) 1-866-748-8008 (Spanish) 301-459-3700 (National Office)	<a href="http://www.epilepsy.com">www.epilepsy.com</a>

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### Fibromyalgia

Resource	Phone Number	Website
American Chronic Pain Association	913-991-4740	<a href="https://www.theacpa.org/condition/fibromyalgia">https://www.theacpa.org/condition/fibromyalgia</a>
National Fibromyalgia & Chronic Pain Association		<a href="http://www.fmcpaware.org/support-groups/browse-support-groups.html?pid=60&amp;sid=167:San-Diego">http://www.fmcpaware.org/support-groups/browse-support-groups.html?pid=60&amp;sid=167:San-Diego</a>

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### Hearing Loss

Resource	Phone Number	Website
American Speech-Language-Hearing Association	1-800-638-8255 (TTY) 301-296-5650	<a href="http://www.asha.org/">http://www.asha.org/</a>
Alexander Graham Bell Association for the Deaf and Hard of Hearing	202-337-5220 (TTY) 202-337-5221	<a href="http://www.agbell.org">www.agbell.org</a>
Laurent Clerc National Deaf Education Center		<a href="https://clerccenter.gallaudet.edu/">https://clerccenter.gallaudet.edu/</a>
My Baby's Hearing		<a href="https://www.babyhearing.org/">https://www.babyhearing.org/</a>
National Institute on Deafness and Other Communication Disorders	1-800-241-1044 (TTY) 1-800-241-1055	<a href="https://www.nidcd.nih.gov/">https://www.nidcd.nih.gov/</a>

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### Independent Living/Mobility

Resource	Phone Number	Website
National Counsel on Independent Living	1-844-778-7961 202-207-0334	<a href="http://www.ncil.org">www.ncil.org</a>

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## Exceptional Family Member Program National Resources:

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### Mental Emotional Behavioral Health

Resource	Phone Number	Website
Anxiety and Depression Association of America (ADAA)	240-485-1001	<a href="http://www.adaa.org/">http://www.adaa.org/</a>
National Alliance on Mental Illness (NAMI)	1-800-950-6264 703-524-7600	<a href="http://www.nami.org/#">http://www.nami.org/#</a>

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### Muscular Dystrophy

Resource	Phone Number	Website
Muscular Dystrophy Association	1-800-572-1717	<a href="http://www.mda.org">www.mda.org</a>
National Institute for Neurological Disorders and Stroke	1-800-352-9424	<a href="http://www.ninds.nih.gov">www.ninds.nih.gov</a>

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### Rett Syndrome

Resource	Phone Number	Website
International Rett Syndrome Foundation	1-800-818-7388	<a href="http://www.rettsyndrome.org">http://www.rettsyndrome.org</a>

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### Recreation

Resource	Phone Number	Website
Disabled Sports USA	301-217-0968	<a href="http://www.disabledsportsusa.org/">http://www.disabledsportsusa.org/</a>
Special Olympics USA	1-800-700-8585 1-202-638-3630	<a href="http://www.specialolympics.org/Games/2014_USA_Games.aspx">http://www.specialolympics.org/Games/2014_USA_Games.aspx</a>

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### Spina Bifida

Resource	Phone number	Website
Spina Bifida Association of America	1-800-621-3141	<a href="http://www.spinabifidaassociation.org">http://www.spinabifidaassociation.org</a>

**\*Please contact your EFMP Family Case Worker for any additional information or resources not included on this list.**

**\*Resources updated every 6 months; please notify us of any changes or issues**