

MARINE & Family | Marine Corps Family Team Building

MARINE CORPS RECRUIT DEPOT

OCTOBER 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

TO REGISTER: Call: (619) 718-3763, or email: ombmcftbmcrdsd.training@usmc-mccs.org

NOTE: Workshops will be presented in two formats: (V) = Virtual course / (P) = In-Person.
In-person classes will be in Bldg 5E, second deck classroom, unless otherwise noted.

1 Friday Fit Club
(P) 0900-1000

Military Kid's
Club (P)
1730-1930

2

3

4

5

Depot Spouse
Meetup (P)
1000-1100

6

WRR Spouse
Meetup (V)
1600-1700

7

8

9

10

11

Columbus
Day

12

13

14

15

16

17

18

19

L.I.N.K.S. for
Spouses Day 1
(P) 0900-1300

20

L.I.N.K.S. for
Spouses Day 2
(P) 0900-1300

21

22

23

24

25

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29

30

31

Halloween



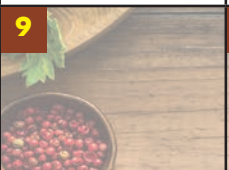
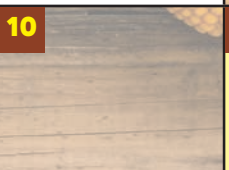
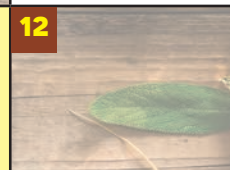
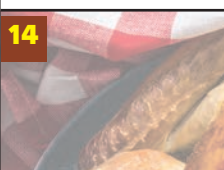
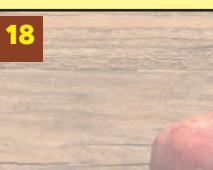
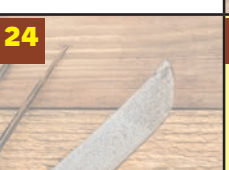
Marine Corps Family Team Building

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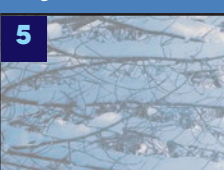
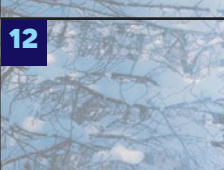
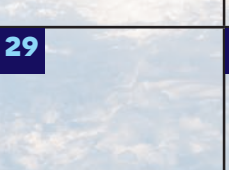
EMAIL: OMBMCFTBMCRDSD.Training@usmc-mccs.org

FACEBOOK: <https://www.facebook.com/mccsmcrdsd.marine.family/>

NOVEMBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Basic Stress Management (V) 0900-1030	2 Depot Spouses Meetup (P) 1000-1100	3 WRR Spouse Meetup (V) 1300-1400	4 	5 Friday Fit Club (P) 0900-1000 Military Kid's Club (P) 1730-1930	6 
7 Time Change: The clock falls back one hour at 0200, on Sunday.	8 	9 	10 	11 Veteran's Day	12 	13 
14 	15 	16 	17 Basic Stress Management (V) 1500-1630	18 	19 	20 
21 	22 	23 	24 	25 Thanksgiving Day	26 	27 
28 	29 	30 	TO REGISTER: Call: (619) 718-3763, or email: ombmcftbmcrdsd.training@usmc-mccs.org NOTE: Workshops will be presented in two formats: (V) = Virtual course / (P) = In-Person. In-person classes will be in Bldg 5E, second deck classroom, unless otherwise noted.			

DECEMBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TO REGISTER: Call: (619) 718-3763, or email: ombmcftbmcrdsd.training@usmc-mccs.org NOTE: Workshops will be presented in two formats: (V) = Virtual course / (P) = In-Person. In-person classes will be in Bldg 5E, second deck classroom, unless otherwise noted.			1 WRR Spouse Meetup (V) 1300-1400	2 	3 Friday Fit Club (P) 0900-1000 Military Kids Club (P) 1730-1930	4 
5 	6 	7 Depot Spouse Meetup (P) 1000-1100	8 	9 WRR Self Care Series: Favorite Holiday Recipes (V) 1400-1530	10 	11 
12 	13 	14 L.I.N.K.S. for Spouses: Day 1 (V) 0900-1300 WRR Self Care Series: How to tackle that New Year's Resolution (V) 1000-1130	15 L.I.N.K.S. for Spouses: Day 2 (V) 0900-1300	16 	17 	18 
19 	20 	21 	22 	23 	24 Christmas Eve	25 Christmas Day
26 	27 	28 Volunteering 101 (V) 1900-2000	29 	30 	31 New Year's Eve	