



# TRIPLE C FAST FACTS:

What is Triple C? or skittles, red devils or dex it is a slang term for over the counter medication Coricidin HBP Cough & Cold which contains dextromethorphan or DMX.

The medication is sold over the counter it is not illegal however it is easily abused because it contains the dextromethorphan which when taken in doses that exceed recommendations on the packaging produces a PCP or ketamine effect.

Abusers typically consume many times the recommended dose which produces hallucinations and dissociative effects while under the influence the drug can last up to 6 hours.

The risk to Triple C abusers are heightened because the medication contains additional ingredients such as expectorants pain relievers, and antihistamines that produce additional side effects and compound the risk associated with dextromethorphan.

Since they're legal and easy to find, OTC drugs are also easy to abuse. Like any medicine, they can have their benefits when taken as directed and in moderation. But there's always the danger of taking too much, mixing them with other drugs and even overdosing.