

- USMC -

VOLUNTEERS



Animals

Agua Hedionda Lagoon Foundation, Chicken Care, Trail Maintenance

Date: Tuesdays - Sundays

Time: 0900, 1600, Thursdays & Fridays 0900* Schedule time flexible

Location: 1580 Cannon Rd. Carlsbad, CA 92008

Job Description: Assist in feeding, providing water, treats, and cuddles

Other Information: Shift times are flexible.

POC: volunteer@aguahedionda.org

Baja Dog Rescue (Baja California, San Ysidro, Midway District)

Date: Varies

Time: Varies

Location: San Diego, various locations, P.O. Box 437920 San Ysidro, CA 92173

Job Description: Food transporter, kennel workers, adoption event, promotion, and technical (updating website, Facebook volunteers), and Vet Assistant (will train you in basic medical care).

Other Information:

POC: info@bajadogrescue.org, 619-407-9372

Cat Adoption Service (Escondido, La Jolla, and Poway)

Date: Varies

Time: Varies

Location: 306 N El Norte Pkwy #479, Escondido, CA 92026

Job Description: Adoption counselor, foster home, transporter, field agent, and photographer

Other Information:

POC: <https://catadoptionsservice.org/contact>; help2014@sdcats.org, 760-550-CATS

Dirty Little Paws Rescue (Vista, Oceanside, Carlsbad, Escondido)

Bottle Feed Kittens and Foster

Date: Long Term to commit up to 8 weeks+ until they are able to adopt out

Time: 24-7 Commitment

Location: In your home

Job Description: You are raising kittens that do not have a momma to raise them, so bottle feeding is every 2 hours throughout the day and night until they are old enough to start eating food, which is around 8 weeks old

Other Information: Reliable transportation needed for vet appointments in the San Marcos area, foster care training provided

POC: dirtylittlepaws@gmail.com

Dogs on Deployment

Date: Ongoing

Time: 24/7 Temporary

Location: Your Home

Job Description: Foster care, temporary, maintain communication with pet owner

Other Information: At least 18+ years of age, pet owner will provide all food, supplies, cover veterinary bills, be in a pet friendly rental or homeowner, stable living condition, no aggressive pets at home, U.S. Citizen or legal resident, live in the USA, Pet Boarding 101 training

POC: Sign up, register, and activate your account at <https://www.dogsondeployment.org/signup>

East County Animal Rescue (ECAR)

Cat Caregiver

Date: 7 days a week

Time: 0900-1200, 1300-1600, 1400-1700, 1700-2000

Location: Petco El Cajon on 2nd St., PetSmart El Cajon, PetSmart Santee

Job Description: Playing with them, feeding, cleaning their areas inside Petco and PetSmart

Other Information: They have other jobs too that are mentioned on the page to fill out a volunteer application; such as, feral cat trapper, and building construction work.

POC: <https://www.eastcountyanimalrescue.org/volunteer>

Farm Animal Refuge, Campo (San Diego County)

Date: Biweekly

Time: Varies

Location: Remote or in person

Job Description: Take animals for walks, take care of animals, scoop poop

Other Information: On certain days children 5 and up can help with certain tasks. Wear close-toed shoes, stay away from loose clothing, and tassels on clothes. Fill out volunteer application

<https://farmanimalrefuge.org/volunteer-faq-participation/>

POC: jordan@farmanimalrefuge.org 619-402-8337

Feral Cat Coalition (San Diego)

Date: Seven days a week

Time: Varies

Location: 9528 Miramar Rd., PMB 160, San Diego, CA 92126

Job Description: Recovery, transportation, grooming, shots, ear tipping, post prep, shaving, vets, set-up, tear-down, and more

Other Information: Fill out volunteer application. <https://www.feralcat.com/volunteer-questionnaire/>

POC: <https://www.feralcat.com/contact/>

Friends of Cats, Inc. (El Cajon)

Date: Tuesday-Sunday

Time: 1000-1600

Location: 15587 Olde Highway 80 El Cajon, CA 92021

Job Description: Cat socializing, bathing/grooming, grounds and building maintenance, public events, publicity, shelter housekeeping, greeting visitors

Other Information: Volunteer application and signed volunteer guideline.

POC: www.friendsofcats.org, 619-561-0361 x1

Greyhound Adoption Center (El Cajon)

Rescue Kennel Volunteer**Date:** 7 days a week, One three-hour shift per week for at least 6 months**Time:** 0700, 1030, 1500, 1930**Location:** 4821 Dehesa Rd. El Cajon, CA 92019**Job Description:** Assist with hands-on care for a “turnout” session. Assist with dog trailers, freshening beds, feeding, and medicating the dogs, providing fresh water, and taking the dogs in and out of their crates, laundry, dishes, and help sanitize common areas. Monitor dogs in their turnout area, clean up after them, and give them attention.**Other Information:** Must be at least 16+ to volunteer, orientation and training, ability to stand for long periods of time, ability to be around animal dander and waste, ability to lift 50 lbs., bend, twist, kneel, squat, etc. For POC, submit an application in the link below.**POC:** <https://houndsavers.org/how-you-can-help/volunteer-application/>**Helen Woodward Animal Center (Rancho Santa Fe)****Opportunities with AniMeals and Animeals Ped Food Drive, Adoption, Foster Care, Therapeutic riding, equine hospital, pet therapy, exotic animal care assistant, and education barn animal care****Donations****Date:** Every Saturday and Sunday**Time:** 1000-1400**Location:** 16236 San Dieguito Rd. San Diego, CA (Fairbanks Ranch Shopping Plaza, Rancho Santa Fe)**Job Description:** Accept donations, write up receipts, and put items in donation truck**Other Information:****POC:** Lauried@animalcenter.org**Animal Shelter****Date:** January 12, March 9, May 18, August 17, and October 12 (Orientation Dates)**Time:** 0900-1130**Location:** 6464 El Apajo Rd. PO Box 64, Rancho Santa Fe, CA 92067**Job Description:** Adoptions, foster care, therapeutic riding, exotic animal care, education barn animal care, special events, etc.**Other Information:** Volunteer application completed and interview done on-going volunteers, on-going volunteers should expect to volunteer 3-6 hours weekly for at least six months. Minimum age to volunteer is 14, some sections require 16, or 18 years of age.**POC:** <https://animalcenter.org/>; volunteers@animalcenter.org, 858-756-4117 x305**Pets Without Walls (Helen Woodward Animal Center)****Date:** 3rd and 4th Wednesdays of the month (May 22 & 29), Orientation on Saturday, May 18th**Time:** 0700-1400**Location:** 6461 El Apajo, Rancho Santa Fe, CA 92067; Can meet downtown at designated location**Job Description:** Take van with vet and adoption staff to go to downtown San Diego to the homeless shelters to take care of pet vaccines, check-ups, food, check in clients and pets, paperwork, schedule appointments, light animal handling**Other Information:** Volunteers must be at least 18 years of age or older, sign up at link for orientation<https://animalcenter.org/get-involved/volunteer>**POC:** Laurie Doyle, lauried@animalcenter.org, 858-756-4117 x370**Adoption, Foster, Surgery, Delivery Drivers, Administrative Assistants****Date:** Daily

Time: Morning, afternoon, evening

Location: 6461 El Apajo Rd. Rancho Santa Fe, CA 92067

Job Description: Morning adoption day, foster coverage, surgery pick up, intake, delivery drivers, bin monitors, room organizer, sorting, pricing, cashiering in the Orphaned Objects Resale Shop, administrative assistant to answer phones, greet visitors and assist with small projects

Other Information: Assist with adoption paperwork, make calls to find foster homes for incoming animals, pack and sort supplies, prepare for surgeries, additionally assist seniors and disabled veterans to keep their pets, 18+ years of age, able to lift 25 lbs., club pet guests during the holidays

POC: lauried@animalcenter.org

Horses of Tir Na Nog (Descanso-Pine Valley, San Diego County)

Date: Sundays (at least 6-month commitment)

Time: 0900-1200

Location: Contact for physical address, they are about 40 minutes away from San Diego State University heading East

Job Description: Horse care – grooming, bathing, taking them for a walk, turning them out. They also have pup patrol for their dogs, ranch hand for cleaning corrals and other tasks

Other Information: This is the longest operating equine sanctuary in San Diego County. They offer a life-long home to the horses. Non-riding facility. Horses are not fed treats due to diet; such as, carrots, apples.

Volunteers 16+ years of age. Volunteer orientation required. You do not need experience, only be committed to long-term volunteering.

POC: heartsforhorses@ymail.com

Laughing Pony Rescue (Rancho Santa Fe, CA)

Date: Half day per week per minimum

Time: Morning 0745-1300 and afternoon 1430-1700 shifts

Location: Rancho Santa Fe, CA 92067

Job Description: Basic care includes feeding, cleaning, grooming, exercising/riding (long-term morning shift), helping with therapeutic and beginners' lessons, routine medical care

Other Information: Organization rescues horses from abusive owners and slaughterhouses to rehabilitate. Must be at least 18 years of age. Orientation/training provided.

POC: 858-759-9039 (leave a message), LaughingPonyRescue@gmail.com

Lions, Tigers, and Bears: A Big Cat & Exotic Animal Rescue (Alpine, San Diego County)

Date: 7 days a week

Time: Varies

Location: 24402 Martin Way, Alpine, CA 91901

Job Description: Volunteer or intern, grounds maintenance, carpentry, electrician, fence building, plumbing, feed room/diet prep, animal ambassadors, muck/clean ranch animals habitats, making enrichment for the animals, office help, special events help, daily visits support, and community outreach events

Other Information: Orientation 4 hours, paying for t-shirt, 18+ is \$25, 12 – 17 years of age \$15, 12-17 years of age must be accompanied by an adult

POC: <https://www.lionstigersandbears.org/volunteer-intern>
volunteer@lionstigersandbears.org 619-659-8078

Martin's Home (Care for homeless cats and rabbits)

Date: Varies

Time: Varies

Location: Adoption locations in Escondido, Carmel Mountain, Oceanside, and Vista

Job Description: Care at adoption locations, data entry, event planning, photography, grooming, transport, adoption assistance on weekends, social media

Other Information: 18+ years of age to volunteer

POC: 760-537-0068, martinshomerescue@gmail.com

Orphan Kitten Club (Full Circle Team)

Date: Varies

Time: Varies, but usually at nighttime

Location: Throughout San Diego and East County

Job Description: Trap cats, TNR experience a bonus, ability to transport & house kittens and feral cats overnight, help cleaning kitten nurseries, admin and special projects throughout the year

Other Information: Apply at orphankittenclub.org/volunteer, volunteer application on website

POC: info@orphankittenclub.org

PAWS of Coronado (San Diego)

Date: Varies

Time: Varies

Location: 1395 1st St, Coronado, CA 92118

Job Description: Animal transport, make toys for dogs and cats that will be used in adoption bags, foster home care

Other Information: Volunteer application

POC: <https://pawsofcoronado.org/>; 619-435-8247

Rescuing Cujo (Dog Shelter and Rescue) (Jamul, CA – near Spring Valley & La Mesa)

Date: 7 Days a Week

Time: 0900-1130, 1630-1800

Location: Jamul, CA 91935 (near Spring Valley/El Cajon)

Job Description: Dog walks/runs, supervise play in dog park, sit and socialize with dogs, clean dog bowls, clean and disinfect primary enclosures, pooper scooper for dog park, transport dogs to adoption events, dog washer

Other Information: 18+, 6+ years of age can volunteer, 6-17 years of age can volunteer when accompanied by a parent or guardian, closed toed shoes/hiking boots, long pants, shirt to protect you from scratches and sunburn strongly recommended. Please note some dogs are afraid of strangers with hats/sunglasses. Bring reusable water bottle. Drink plenty of fluid during your shift. You may encounter rattlesnakes. Safety precautions are in place.

<https://www.rescuingcujo.com/volunteer>

POC: rescuingcujo@gmail.com, Rob, 619-321-9780 (leave a message, if doesn't answer, he is out in the field)

Sale Ranch Animal Sanctuary (Temecula)

Date: Mornings or afternoons, one day a week

Time: 0800-1100; 1530-1730

Location: 39850 Voyager Rd. Temecula, CA 92592

Job Description: Take care of farm animals and gardening. Animal caregiver teams and ranch garden crews.

UPDATED: Aug 2022

Other Information: Volunteer must be at least 18 years of age. Able to lift 40 lbs. Fill out application.

POC: www.saleranch.org/volunteer

San Diego County Animal Services (Bonita and Carlsbad)

Date: Tuesday-Sunday

Time: Varies, 2 hour shifts, 0930-1730

Location: South Shelter 5821 Sweetwater Road, Bonita, CA 91902

North Shelter 2481 Palomar Airport Road, Carlsbad, CA 92011

Job Description: Volunteer descriptions for bunny buddy, cat crew, community outreach, dog clean team, dog enrichment team, dog or cat ambassador, dog walker, flex team, greeter, reptile wrangler, and transporter.

Other Information: Volunteer application. 12 hours per month minimum requirement for volunteering.

POC: [Volunteer \(sddac.com\)](http://Volunteer(sddac.com)); Bonita: 619-767-2675; Carlsbad: 619-767-2675

San Diego Humane Society (Cats, Dogs, Small Animals, Wildlife) (San Diego, El Cajon, Escondido, Oceanside, and Ramona)

A) Date: Sign up for a volunteer information session, complete volunteer application, and a mentored training shift.

Time: Varies

Location: San Diego Campus 5500 Gaines St. San Diego, Ca 92110; Escondido Campus 3500 Burnet Dr Escondido, CA 92027; Oceanside Campus 2905 San Luis Rey Road Oceanside, CA 92058 (Dogs), 572 Airport Road (Cats, Small Animals),

Job Description: Foster animal care, post furry fliers, animal care (this includes Project Wildlife opportunities), guest services, neighborhood adoption centers (local Petcos, Petsmarts), education, pet assisted therapy, canine ambassador

Other Information: 14 – 15 years of age need to be accompanied by a parent or guardian. 16+ years of age may volunteer unaccompanied.

POC: <https://www.sdhumane.org/>; 619-299-7012

B) Foster Animals

Date: Orientation TBD

Time: 3-4 hours, every 10 hours

Location: 5500 Gaines St. San Diego, CA 92110 (San Diego Campus)

Job Description: Bottle feed neonatal kittens by bottle every 3-4 hours, older ones can be left up to 10 hours (depends on what you can provide), be able to let them go when they are adopted

Other Information: Complete 30 minute e-Learning at home prior to class, take a litter of kittens home after orientation, supplies provided, must be 18+ years of age, but younger family members can help care for kittens once at the home, lift, push, or carry at least 25 lbs., reliable transportation to vet appointments **POC:** Complete the volunteer application

<https://app.betterimpact.com/Application?OrganizationGuid=57acbac1-b6bc-4971-bd85-38ed4335b2d5&ApplicationFormNumber=1>

Second Chance Dog Rescue (Pacific Beach)

Date: Varies

Time: Varies

Location: 4284 Cass Street San Diego, CA 92109

Job Description: Transportation, community and education, marketing and social media, technological support, photography, foster home care, and adoption events.

UPDATED: Aug 2022

Other Information: Volunteer application and manual.

POC: info@secondchancedogrescue.org, 619-721-3647

Tender Loving Canine Assistance (San Diego, Solana Beach)

Date: Varies

Time: Varies

Location: 11440 West Bernardo Ct, Ste. 300, San Diego, CA 92127

Job Description: Outreach, foster care, dog sitter, training assistant, assist staff in prison classes and help walk the dogs in and out of the prison for public outings.

Other Information:

POC: volunteers@tlcad.org, 858-461-6827

The Animal Pad (La Mesa)

Dates: Works with your schedule

Time: Works with your schedule

Location: 4620 Avocado Blvd. La Mesa, CA 91941

Job Description: Fostering, Events, Supply/Donations Coordinator, Transporter, Home-Checker

Other Information: TAP rescues all dog breeds in California and Mexico

POC: Apply at <https://theanimalpad.org/volunteer/>

The Cat Lounge (La Jolla)

Date: Two days a week, every day except Wednesday

Time: 1100-1200; 1700-1800

Location: 1006 Torrey Pines Rd. La Jolla, CA 92037

Job Description: Socializing cats through playful and friendly interactions, answering cat-related questions to guests, aiding with adoptions, ensuring the lounge is clean and safe for cats and guests prior to openings, practice basic kitty care (litter clean up, refilling food, etc.), driving cats to and from vet appointments.

Other Information: 18+ years of age, volunteers under 18 must have a parent or guardian with them

POC: info@catlounge.com

The Rescue House (Encinitas, The Cat Café, Petco Clairemont Town Square, Petco Mira Mesa, Petco Mission Gorge, and Petsmart Aero Drive) (Cats)

Date: Varies

Time: Varies

Location: P.O. Box 231336 Encinitas, CA 92023

Job Description: Foster care, adoption center visits, public relations, transport, adoption fairs, and administrative assistance.

Other Information: Check out website at <https://rescuehouse.org/volunteer/volunteer/>

Apply to volunteer

POC: mail@rescuehouse.org, 760-591-1211

The Pegasus Rising Project (Escondido) (Horses)

Date: 7 days a week

Time: 0700 or 1600

Location: 26002 Bear Valley Heights Road, Escondido, CA 92027

Job Description: Horse caregivers – water, feed, and clean up 14 Polish Arabian horses twice daily

UPDATED: Aug 2022

Other Information: Minimum age to volunteer is 18, unless accompanied by a parent or guardian.

POC: gadler@pegasusrising.org, 310-699-4758

Viva Farm Animal Rescue (Menifee)

Date: Will work with your schedule

Time: 3 hours weekly

Location: Menifee, CA 92584

Job Description: Assist with feeding, grooming, cleaning pastures, barns, enrichment activities for animals, working with equines and other farm animals

Other Information: Must be at least 18 years of age to volunteer. Orientation and training.

POC: Fill out the volunteer application at <https://vivaglobalrescue.org/volunteer>

(No) Wagging Tail Left Behind, Adoption Coordinators for Dog Rescue

Date: TBD

Time: 1+ hours per week

Location: San Diego, CA 92110

Job Description: Screen applicants and potential adopters at events, by email, on the phone or text, make sure home check completed, do not need to attend events, but if available they are every Saturday in the Point Loma area from 1000-1400, set up is 0900-1000 and take down is 1400-1500

Other Information: Can work from home, training provided, can provide a letter of verification, or recommendation (if worked there for several months)

POC: Fill out the volunteer application at

Wee Companions – Small Animal Rescue (University City)

Foster & Store Volunteers

Date: Weekly, varies

Time: Daily, varies

Location: 3368 Governor Dr., Ste. F San Diego, CA 92122

Job Description: Foster an animal that you are familiar with; store volunteers will clean, packing hay, carry supplies to customer cars, etc.

Other Information: They take care of guinea pigs, rats, hamsters, mice, and rabbits. Open to the public Wednesday 2-8 PM and Saturday 9-4 PM. Check out their website for more information:

<https://weecompanions.org/volunteer>

POC: judith@weecompanions.org

Other Organizations

Alzheimer's San Diego

Date: Any day

Time: Flexible, 4 hours per week

Location: Throughout San Diego

Job Description: Companionship, reminisce about the past, enjoy a movie together, socialization to include games, listening to music, or gardening, supervision by ensuring their safety while the caregiver is absent

Other Information: Experience working with people who have dementia a plus, but not required. Training provided. On volunteer page fill out application form.

UPDATED: Aug 2022

POC: [Volunteer - Alzheimer's San Diego \(alzsd.org\)](#)

American Cancer Society – Road to Recovery

Date: Monday-Saturday

Time: 0700-1900

Location: Throughout San Diego

Job Description: Drive those who cannot drive themselves or have no transportation to treatments

Other Information: Use of personal vehicle, current valid driver's license, insurance, safe/reliable vehicle

POC: www.cancer.org/drive, 800-227-2345

Armed Forces YMCA (San Diego, Camp Pendleton)

Neighborhood Exchange Food Distribution

Date: Thursdays, 2nd & 3rd Thursday of the month

Time: 0830-1230

Location: 3293 Santo Road San Diego, CA 92124

Job Description: Assist with set up and distribution

Other Information: Registration form needs to filled out

POC: [Volunteer San Diego \(asymca.org\)](#)

Balboa Park

Date: Varies

Time: Varies

Location: Balboa Park 1549 El Prado San Diego, CA 92101

Job Description: Planting trees

Other Information: Application <http://btrr.im/5khaz>

POC: Marisol Aguilar Mendoza (619) 525-8284 or MAMendoza@sandiego.gov

Balboa Park Conservancy - Park Ambassadors

Date: 1-2 years commitment needed

Time: 4 hour shifts per month, 1000-1400

Location: At entry points and park hubs

Job Description: Greet park guests, start their exploration of Balboa Park, keep your eyes and ears open for maintenance needs and park safety as well, able to maintain standing/walking outdoors for a 4 hour shift, able to set up/take down the shaded structure and chairs

Other Information: 18+ volunteers, bilingual helpful, have prior knowledge of Balboa Park and San Diego in general, able to complete 20 hours of orientation training, willing to attend additional meetings as required, background check and fingerprinting at no cost, are briefed daily on special events, the park, closures, and traffic issues. Apply online at

<https://balboaparkconservancy.org/volunteer/#:~:text=Stationed%20at%20key%20park%20hubs,%2C%20closures%2C%20or%20traffic%20issues.>

POC: allie@balboapark.org

California State Park Foundation

Date: Varies

Time: Varies

Location: Varies, throughout the state of California

Job Description: Park Champions help sustain the state parks with maintenance and beautification; such as, trail repair, habitat restoration, fence and bridge construction, repainting park structures, and other opportunities.

Other Information: They provide lunch and free camping depending on the location. Check calendar for details on the park volunteer opportunities.

POC: Sign up for a work day at <http://www.calparks.org/help/park-champions/>; ParkChampions@calparks.org, 916-422-2119

Catholic Charities Diocese San Diego

Food Distribution

Date: Friday, April 24, 2020 (4th Friday of every month)

Time: 0930-1130

Location: 8200 Gold Coast Dr. San Diego, CA 92126 (Good Shepard Church)

Job Description: Unload and load USDA food commodities for the community to pick up, assist with intake, and escort patrons through the food line as shopping assistants

Other Information: Minors welcome if accompanied by an adult

POC: Deanna, 619-323-2841 x1075 DWolf@ccdsd.org or ccsd.org/volunteer

Food Rescue Program Volunteer Driver

Date: Open to your schedule

Time: 1230-1600

Location: 3888 Paducah Dr. San Diego, CA 92102

Job Description: Drive Catholic Charities refrigerated vehicle to “rescue” leftover food from generous community grocery store donors and deliver to parish partners through the Emergency Food Distribution Network.

Other Information: Able to lift 25-50 lbs. Must be at least 18 years of age. Submit valid CA driver’s license, auto insurance, enroll in DMV driver pull program, background check, and orientation.

POC: Deanna 619-323-2841 x1075 DWolf@ccsd.org

City of San Diego Park and Recreation Department

Graffiti Warriors at Los Penasquitos Canyon (City of San Diego Parks and Recreation Department)

Date: 2nd Sunday of the month

Time: 0830-1130

Location: 12005 Black Mountain Rd. San Diego, CA 92110 (Los Penasquitos Ranger Station)

Job Description: Debris, trash, and graffiti removal with Park Ranger John Garwood

Other Information: Bring sunscreen and a hat, comfortable clothes, wear closed-toed shoes, bring water, must be at least 13 years of age to volunteer, minors must fill out a volunteer participation form prior to the event and have it signed by a parent/guardian

POC: 619-533-4017

Civil Air Patrol (National Guard Base at Montgomery Field, Claremont area)

Observers, Scanners, Searchers of Aircraft, Educators, Facilitators

Date: Tuesday evenings and weekends

Time: Tuesday evening meetings and weekend activities (flexible schedule possible)

Location: National Guard Base at Montgomery Field (Claremont area) & some activities at Gallespie Field in El Cajon

Job Description: As a volunteer, you will work with cadets 12-18 years of age learn about emergency search and rescue, and aircraft education. You might be a trainer or facilitator. You might be trained if interested on emergency search and rescue of aircraft.

Other Information: Air Force style uniforms are required or corporate uniform required to wear. Monthly meetings on Tuesday and activities on the weekend. This non-profit organization works with the Air Force. For an example, the Air Force sends out a signal when there is a downed plane and this organization will do an aerial/ground search for the plane. Orientation and training is provided. Qualifications and progression to move up in the organization from the Basics, Intermediate, and Master level. There is a membership fee of \$82 per year. This is a non-profit organization with the fee going back into the organization to benefit the members of the organization and maintain 500 aircraft nationally. Headquarters is based in Alabama. Volunteer Supervisor is Capt Horton.

POC: Daniel Chatham, Recruiting Officer, 909-654-0169

County of San Diego, San Diego Medical Reserve Corps (MRC)

Date: Varies

Time: No weekly requirement of time

Location: In San Diego County, various locations, and remote possible

Job Description: Serve as volunteers during a local health emergency, volunteers include physicians, physician assistants, nurses (RN, LVN, CNA), nurse practitioners, psychologists, counselors, other mental health professionals, pharmacists and pharmacy technicians, dentists, veterinarians, other health professionals and non-medical volunteers

Other Information: Sponsored locally by the Public Health Services of the County Health and Human Services Agency. MRC badge photo and orientation provided once approved. Worker's Compensation provided. Sign the Loyalty Oath on application when you come in for the photo. Opportunities are available for leadership roles and additional training. Involving volunteers in response drills and exercises. Find out if you are qualified to register. See this link for more information:

<https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/PublicHealthPreparednesandResponse/SanDiegoMedicalReserveCorps.html>

POC: MRC-VOLCOORD.HHSA@sdcounty.ca.gov

Department of Veterans Affairs

Red Coat Ambassador, Kearny Mesa

Date: Monday-Friday

Time: 0730-1630 (could be the full 8 hour shift, or as little as 1-2 hours per day)

Location: 8875 Aero Drive San Diego, CA 92123-2251 (Kearny Mesa community based outpatient clinic)

Job Description: Greet incoming patients/visitors, direct patients to proper clinic area, notify clinic of any patients needing assistance, provide wheelchair service for the patients in need, complete miscellaneous clerical projects

Other Information: Must follow VA dress code, have a pleasant and welcoming demeanor, ability to provide clear and concise directions to the clinic site. Application, TB screening, fingerprint background clearance and ID issue. Volunteer orientation and demonstrate trained knowledge and skills.

POC:

Duwara Consciousness Foundation (San Diego, Carlsbad)

Feeding the Homeless Downtown

Date: Daily

Time: 1200-1330, 1145-1530 (check online for shifts)

Location: 101 16th St. San Diego, CA 92101 (near Petco Park, crossroads Imperial and 16th St.)

Job Description: Feeding homeless from inside a mobile trailer

UPDATED: Aug 2022

Other Information: Food handling, practice handwashing, sanitization; www.duwara.org and #feedingeveryone on Facebook, Instagram, and LinkedIn
POC: 760-696-2097

Feeding the Homeless at Mission Valley Library

Date: Thursdays

Time: 1300-1600 Cooking & Prep, 1730-2000 for set up and serving

Location: Mission Valley Library 2123 Fenton Parkway San Diego, CA 92108

Job Description: Depending on the shift, you may be cooking, prepping, or setting up and serving

Other Information:

POC: <https://www.duwara.org/volunteer/>

Commercial Driver for Homeless Showers

Date: Starting June 1, 2020 onward

Time: Work with your schedule, 4-6 Hours either Wednesdays or Fridays

Location: 101 16th St. San Diego, CA 92101

Job Description: Drive shower trailer that also has washer and dryers. Trailer has 7 showers with 1 ADA/family unit.

Other Information: Commercial driver with good driving record

POC: <https://www.duwara.org/volunteer/>

Provide Shower Cleaning Services

Date: Aligns with feeding dates

Time: Sign up for shifts

Location: 101 16th St. San Diego, CA 92101 (near Petco Park, crossroads Imperial and 16th St.)

Job Description: Disinfect showers between uses, so the homeless can have a dignified, hygienic, and safe showering experience.

Other Information: In good health, not immunocompromised, between the ages of 18-65, able to climb up and down steps and perform cleaning whilst standing upright.

POC: <https://www.duwara.org/volunteer/>

El Cajon Police Department

Date: Varies

Time: Varies

Location: 100 Civic Center Way El Cajon, CA 92020

Job Description: Police cadets, reserves, mounted police reserves, Retired Senior Volunteer Patrol (RSVP), Animal Control, Crime Lab Internship Program, You Are Not Alone (YANA)

Other Information: Police cadets are between 16-20 years of age, RSVP is over 50 years of age, Crime Lab Internship must have student enrolled in a Forensic Technology Program. Applications available at the El Cajon Police Department Information Desk. Applications can be mailed, emailed, or dropped off in person to the Volunteer Coordinator. Volunteer applicants will have a background check, electronic fingerprints. Possess a valid California Driver's License. Application located on City of El Cajon website for Volunteer Opportunities, cityofelcajon.us

POC: 619-579-3315, kagundez@cityofelcajon.us ; Volunteer Coordinator, Amanda, ASTills@cityofelcajon.us

ElderHelp of San Diego

Date: Varies

Time: Varies

Location: 3860 Calle Fortunada Ste. 101 San Diego, CA 92123

Job Description: Delivery of groceries and other essentials items, rides to medically necessary appointments

Other Information: Online volunteer orientation www.bit.ly/Volunteer4EH
www.elderhelpofsandiego.org

There is no minimum time commitment and mileage reimbursement is available. The process/requirements involved: Must be 18 years or older, complete application with references, Background Check, Driver's License

POC: Carrie McClellan: (858) 380-5245 or cmcclellan@elderhelpofsandiego.org

Father Joe's Village

Feed Homeless Lunch or Dinner

Date: Varies – check on availability – Mondays and Saturdays

Time: Lunch 1030-1300, or Dinner 1615-1830

Location: 3350 E St. San Diego, CA 92102, 16th street underground parking lot, buzz in and tell security that you are volunteering to serve lunch/dinner, park and go upstairs to the lobby, exit lobby building left, & go to courtyard entrance, go to PCM Kitchen, Bldg. 16, left or right entrance of the security booth, enter a smaller courtyard & kitchen door on left, check in with team leader

Job Description: Food preparation and meal services

Other Information: 15+ age of volunteers, orientation required, fill out volunteer agreement, & food handler teach and test, casual attire; however, no tank tops, shorts, or open-toe shoes. Fill out form on <https://my.neighbor.org/take-action/volunteer/>

POC: 619-645-6411, volunteer@neighbor.org

Donation Sorting

Date: Monday – Friday

Time: 0730-1600 (flexible shifts)

Location: 3350 E. St. San Diego, CA 92102

Job Description: Lifting/moving boxes and items, bale cardboard and clothing

Other Information:

POC: <https://my.neighbor.org/volunteer/>

Food Distribution/Warehouse Assistance

Date: Monday, Thursdays, and Fridays

Time: 1100-1500

Location: 1501 Imperial Ave. San Diego, CA 92102

Job Description: Assist with distribution of food in drive-through for the community and external agencies. Assist with the flow of cars and help with miscellaneous tasks such as general housekeeping, weighing food, and packing.

Other Information: Sign up on the volunteer platform to volunteer. Please do not take any pictures while at the site. Able to lift/pull 30 lbs. Fill out COVID-19 symptom and temperature screening form.

POC: <https://my.neighbor.org/volunteer/>

Flying Leatherneck Museum

Date: Daily, Tuesday through Sunday

Time: 9:00-3:30

Location: 4203 Anderson Ave. San Diego, CA 92145 (MCAS Flying Leatherneck Aviation Museum)

Job Description: Cashier and stock for Museum Store, Docents greet guest and explain museum self-guided tour.

Other Information: Familiarity with cashier register operations for store, prefer adults as Docents, volunteers receive a polo shirt

POC: Call or e-mail Ms. Nancy at 858-693-1723, nancy@flyingleathernecks.org

Date: Monday – Thursday

Time: 1000-1400, Saturday 0600-1200

Location: MCAS Flying Leatherneck Aviation Museum

Job Description: Restoration of Historical USMC Aircraft Volunteers devote hundreds of hours each year to restore the Flying Leatherneck Aviation Museum's 31 historical aircraft so they can be exhibited to the public. Aircraft date from WWII to present day. Trade experience is desired but is not necessary. Expertise with tools and mechanical and sheet metal skills are especially sought. Safety orientation provided.

POC: Complete application at: <http://flyingleathernecks.org>

Friendship Garden

Date: Every third Tuesday

Time: 0930-1600

Location: 2215 Pan American Road East San Diego, CA

Job Description: Help with the kid's craft and protect the Garden during our residents free Tuesday

Other Information:

POC: Sign-up at <http://signup.com/go/XXTACS> or contact Sara at volunteer@niwa.org

Date: Ongoing

Time: Minimum of 8 hours in 3 months

Location: 2215 Pan American Road East San Diego, CA

Job Description: Assist gardeners by pulling weeds, watering plants, and performing various other duties to maintain the garden. No previous gardening experience required.

Other Information: Gardening Assistant, must be at least 16 years of age, attend general volunteer and garden assistant orientation,

POC: <http://www.niwa.org/volunteer>

Girl Scouts San Diego

Date: Ongoing

Time: 6-12 months +

Location: Balboa Campus Office

Job Description:

Office Support – Three office support sessions within 6 months

Outreach – Four sessions minimum bringing afterschool leadership and learning opportunities to girls in every neighborhood

Adult Trainer – Share your passion for the outdoors and/or leadership development with other adult volunteers by delivering learning experiences to support the next generation of leaders and volunteers

Administrative Service Unit Support – Support the local troop leaders administratively. Help with managing finances, safety, communication, events, and more. One full school year and monthly meetings.

Troop Leader – Help girls find their confidence and advance your own personal and profession growth. Training and support provided.

Other Information: Background check

POC: volunteer@sdgirlscouts.org

Jewish Family Service of San Diego

Food Pantry

Date: 2nd or last Sunday of the month

Time: 1000-1200

Location: Jewish Family Service, Turk Family Center, 8804 Balboa Ave., San Diego, CA 92123

Job Description: Help sort through food donations, stock food pantry shelves, and assemble food bags for distribution.

Other Information: All ages welcome, children under the age of 13 must be accompanied by an adult. Please wear closed toed shoes and clothes you don't mind getting dirty.

POC: <https://jfssd.galaxydigital.com/> or email Cheyenne Arroyo, cheyennea@jfssd.org

Driving Adults to Appointments

Date: 7 days a week

Time: 0700 – 1900

Location: Jewish Family Service (this position serves 32 zip codes in the San Diego area)

Job Description: The On the Go Rides & Smiles Volunteer Driver provides safe & reliable transportation to older adults ensuring they remain active, healthy, and connected to their community. Rides are given for medical appointments, personal appointment, visits to a spouse in a nursing home, taking a class, attending religious services & more.

Other Information: Must be 25-79 years old. Attend a New Volunteer Orientation/Training session-1 hour. Agree to background check, reference check, and privacy & security policy & authorize a DMV record report (cost is covered by JFS). Provide a copy of driver's license and current proof of auto insurance. You can accept rides that work best for you using a web-based scheduling system. Provide a clean, well-maintained vehicle and observe the "rules" of the road and provide friendly conversation during transport. Mileage reimbursement & secondary auto insurance provided by JFS.

POC: Complete a volunteer application at www.jfssd.org/driver

Drive meals to Safe Parking Program

Date: Mondays, Wednesdays, and Fridays

Time: 1200-1600

Location: In city of San Diego, contact for locations of safe parking lots

Job Description: Drive multiple meals to safe parking lots

Other Information: Big enough vehicle to carry multiple meals from their office to the safe parking area or willing to take multiple trips if using a small car. Background check. DMV check. Complete HIPPA Level 1 training.

POC: Complete a volunteer application at www.jfssd.org

Activity Helper

Date: Various days

Time: Various Shifts

Location: 8788 Balboa Ave, San Diego 92123 (Balboa Avenue Older Adult Center)

Job Description: Help members to their seat, if necessary; follow food handlers guidelines; pour cold and hot beverages for members; serve correct meals to appropriate members; wait tables and clean tables according to need; set up meal tables with table clothes, flowers, cups and cutlery; wrap silverware; greet older adult members as they enter the activity room; help members to their seat, if necessary; escort clients to the restroom as needed; sit with members at their tables and help them play BINGO and other games; dance and sing with them

POC: www.jfssd.org/groupapp

Kitchens For Good (<http://kitchensforgood.org>)

Meal Prep

Date: Monday-Friday

Time: 0800-1130, 1300-1600

Location: 404 Euclid Ave. San Diego, CA 92114

Job Description: Prep food for hunger relief, chop produce and package meals, preparing food for local elementary school students, non-profits feeding homebound seniors, foster care children, and at risk youth

Other Information: Must be at least 18+ years old, civilian attire, closed-toed shoes and no-slip shoes, t-shirts/sleeved shirts, long-pants, no jewelry on. Be able to lift 2 lbs. Gloves, hairnets, and aprons provided.

POC: Sign up on <https://kitchensforgood.volunteerhub.com/>

Los Penasquitos Canyon Preserve

Date: Saturday, April 20, 2019 0745-1230

Time: 4 hours per quarter after initial 4.5 hour training

Location: 12212 Canyonside Park Drive San Diego, CA 92126 (Los Penasquitos Canyon Preserve)

Job Description: Wildlife surveyor, learn about conservation, habitat fragmentation, basic track and scat identification, data collection protocols, and survey transects

Other Information: 16+ years of age

POC: www.sdt.org/volunteer-training to register at info@sdt.org, 760-715-4102, leave your name and email address to reserve a spot for the training

MAAC Project, Chula Vista

Food Distribution Drive-Thru

Date: Thursdays

Time: 0700-1100

Location: 1355 Third Ave. Chula Vista, CA 91911

Job Description: This is a food bank. You will be distributing food in people's trunks in a drive through style food distribution.

Other Information: Closed-toed shoes, water/snacks provided, 18 years+ volunteers

POC: vhash@maacproject.org

Meals on Wheels

Date: Monday-Saturday (minimum twice per month commitment)

Time: 1030-1330

Location: Beach area, College, Clairemont, Hillcrest, Serra Mesa, Southeastern San Diego, Old Town, American Legion, El Cajon, Santee, Carlsbad Encinitas, Escondido, Rancho Bernardo, San Marcos, Lemon Grove, Norman Park; assigned routes close to home or businesses

Job Description: Deliver meals to seniors, regularly clean coolers packed with meals

Other Information: Valid driver's license, proof of auto insurance, smartphone to use Mobile Meals App, children under 18 years of age must be accompanied by a licensed adult, must pass a live scan (\$10.00 fee). Note: Background checks/live scans are not needed for active duty military, first responders, or individuals under 18 years of age.

Volunteers wear masks at all times during delivery, stay at least 6 ft away from all clients, staff, and other volunteers, volunteers in the same vehicle should only be family members or people living in the same household, do not volunteer if you feel sick, volunteers receive temperature checks and are asked a series of health screening questions the day of their delivery, gloves, masks, hand sanitizer, and bags for meals when supplies are available are being provided. Sign up for a location and time on their online calendar. Orientation/training provided.

POC: ggonzales@meals-on-wheels.org or 619-278-4011

Military Outreach Ministries

Date: Every Friday (come when you can)

Time: 1100-1300

Location: 7997 Paradise Valley Rd. San Diego, CA 92139

Job Description: Assist with set up, passing out goods, break down

Other Information: Food bank is for military families. Volunteers can take food if desired.

POC: jordan@yccsandiego.org

Musicians at Monday Café Nights

Date: Mondays

Time: Evenings TBD

Location: 1401 National City Blvd. National City, CA 91950 (National City Public Library)

Job Description: Seeking musicians (wind, keyboard, string) to perform at the library on Monday nights

Other Information: Must be at least 16+ years of age

POC: Literacy Dept. 619-470-5860, literacy@nationalcitylibrary.org

Museum of Man

Date: Varies

Time: Varies

Location: 1350 El Prado San Diego, CA 92101 (Balboa Park)

Job Description: Provide job specific training for many areas of the museum

Other Information: Do not need an Anthropology background to volunteer

POC: Kasey Nauton, knauton@museumofman.org, 619-239-2001 x 39; volunteers@museumofman.org, 619-239-2001 x49

Navy Marine Corps Relief Society, MCRD

Date: Monday-Friday

Time: 0900-1600, with limited after hours or weekend needs

Location: Bldg. 14, room 101E

Job Description: *Client Services Assistant* – Greets client in office, answer photos, schedule appointments, check in appointments, and process Quick Assist Loans. *Caseworker* – analyze client's request, complete verifications, and assess budget to determine appropriate resources and if assistance can be provided according to our policies.

Additional need for: Budget for Baby instructor once per month, baby blanket makers, and external communications.

Other Information: Training (online and hands on) is available for all positions, and reimbursements for mileage and childcare while volunteering within guidelines

POC: Mary Street, 619-524-5734, mcrdsandiego@nmcrs.org

Operation Bigs (Big Brothers Big Sisters of San Diego County)

Date: Ongoing

Time: Once per week, one hour for the school year or two-four times per month for at least two hours per outing for the traditional program

Location: Throughout all of San Diego, Tierra Santa, Coronado, and Camp Pendleton

Job Description: Spend one-on-one time with children per week playing sports, games, reading, doing crafts, talking, going to movies, etc.

Other Information: Volunteers complete a mandatory screening and background check, 18+ years of age, traditional and school programs

POC: 858-746-9109, RyanL@SDBigs.org

PATH, Connections Housing (Downtown San Diego)

Kitchen Support, Administrative Support, Driver

UPDATED: Aug 2022

Date: Mon-Sun; Mon-Friday Administrative Support; Driver pick-ups occur Sun-Friday; Mon-Fri for Career Center
Time: 1715-1915; Administrative Support Flexible 0800-1600; Driver contingent on store assignment, volunteers can be on call; Career Center 0830-1030 and 1400-1600

Location: 1250 6th Ave. San Diego, CA 92101

Job Description: Help serve a healthy meal to PATH's interim residents. Key responsibilities include setting tables, greet residents with a smile, chat and connect with residents, carry food tray to and from kitchen to tables, bus tables after each meal is complete

Administrative – Data entry, phone calls, scheduling, filing, and special projects as needed

Driver – Help pick up food donations from local grocery stores, and drop off to PATH to support our meal service program

Career Center – Help guests in the computer lab with job searches, job interview tips, resume, and cover letter writing

Other Information: Volunteers must be at least 18+ or 13+ with signed parent release. 18+ for administrative support, Driver, and Career Center. Drivers must be able to provide proof of driver's license, insurance, and take the Food Safety Training. Register at MyImpactPage.com and Fill out an application at

<https://app.betterimpact.com/PublicOrganization/95caaf02-f080-458a-bcb5-c328e7ccc724/Gvi/1a7842cc-47d1-4474-be85-bb41eb22d5b5/1> FYI - Connections Housing is an integrated service and residential community in San

Diego designed to help local homeless individuals rebuild their lives and move into permanent housing.

POC: 619-810-8600

Red Cross

Date: 6 months to one year

Time: 10 hours a month to 20-40 hours per week possible depending on position applied for

Location: Varies

Job Description: Talent and Organization Development, Volunteer Facilitator, etc.

Other Information: Put your zip code in and see what is available in your area, link provided here:

https://volunteerconnection.redcross.org/?nd=rco_opportunity_browse_list&postal_code=92140&service=&position_search=

POC: <https://www.redcross.org/volunteer/become-a-volunteer/urgent-need-for-volunteers.html>

Salvation Army Centre City Food Distribution (Catholic Charities Diocese San Diego)

Date: Once per month on the 3rd Friday of each month)

Time: 0830-1100

Location: 825 7th Ave. San Diego, CA 92101

Job Description: Distribute food to individuals and families

Other Information: Must be at least 14 years of age, walk and stand for 1-2 hours at a time, lift 10-20 lbs. of food commodities

POC: Sign up at <https://www.ccdsd.org/volunteer-community-services>

San Diego Audubon Society

Audubon Advocate, Yearly Application

Date: end of May - September

Time: 2-4 hours per month

Location: TBD

Job Description: Provides the skills, connections, and confidence to become an advocate for wildlife, nature, and your local community. Trainings range from leading a successful campaign, talking to elected officials, reviewing environmental documents and more. Pick a specific issue you would like to target and work within a group to achieve tangible change.

Other Information: Everyone can apply. Spend 2-4 hours per month on trainings and approx. 4 hours per month on a conservation action issue. Potential to receive academic credit if needed. May - Introduction to Advocacy, How to Plan and Win an Advocacy Campaign, The Environmental Quality Act and How to Use It, How to Talk With Elected Officials, Field Trip to Biodiversity Hotspot, Tijuana River Estuary, and Environmental Leadership Summit. Apply

here: https://docs.google.com/forms/d/e/1FAIpQLSe_J1J3Egj3S9qFyzGQwnmq30dGoCU6zAAW6kSRriJ4jWymXA/viewform

More Info on the program at:

<https://www.sandiegoaudubon.org/what-we-do/audubon-advocate-program.html>

POC: flaherty@sandiegoaudubon.org

San Diego County Volunteers

Date: Saturday mornings

Time: 3-4 hours

Location: 1200 Third Ave. Ste. 1316 San Diego, CA 92101

Job Description: Upkeep of open spaces, lakes, neighborhood parks, helping student and adult gain literacy skills, engaging senior at dances, and enjoying recreation activities with individual with special needs, promote community safety awareness, and prepare citizens for disasters.

Other Information: At least 13+ years of age can volunteer. Under 18 years of age will need to sign a waiver form.

POC: volunteersd@sandiego.gov, 619-236-6082, <https://www.sandiego.gov/volunteer-program>

San Diego Food Bank (Vista and San Diego)

Distribution Center (Vista and Colinas Del Sol Park, San Diego)

Date: Check for daily shifts at sdfb.volunteerhub.com

Time: 0700-1100, 1800-2000, Saturday 1800-2000 (Vista); 0830-1200 (Colinas Del Sol Park)

Location: 1445 Engineer St. Ste. 110 Vista, CA 92081

Job Description: Cleaning and packaging fresh produce for immediate distribution, inspecting, sorting, labeling food boxes for donation, assembling food packages for various county programs

Other Information: If you cannot find a shift, check back daily in case there are cancellations. Wear closed toed shoes, 11-15 years of age can volunteer with an adult, must register for a shift. Read policies and procedures document prior to arriving at www.sandiegofoodbank.org/volunteer, sign up for shift at

<https://sdfb.volunteerhub.com/account/signin?returnUrl=%2fevents%2findex>

POC: 858-527-1419

Miramar Warehouse

Date: Varies, sign up one week in advance

Time: 1800-2000

Location: 9850 Distribution Ave. San Diego, CA 92121

Job Description: Cleaning, inspecting, sorting, packing, and labeling food products. Assembling food boxes for food programs (Seniors, Food Assistance, and Food 4 Kids Backpack).

Other Information: Civilian attire, closed toed shoes, show up 10 minutes before the shift, sign up on the San Diego Food Bank site at <https://sandiegofoodbank.org/> (volunteer tab, sign up tab)

POC: J Bode, 858-863-5125, jbode@sandiegofoodbank.org

San Diego Model Railroad Museum

Date: Varies by position

Time: 4-8 hours per day

Location: 1649 El Prado #4 San Diego, CA 92101 (Balboa Park)

Job Description: Docent, Garden Docent, First Tuesday Ambassador, Summer Camp Counselor, Collections

Other Information: Free admission to museum, discount to the gift shop, free passes: 1 for every 25 hours with a max of 5 passes per year, appreciation event with food

POC: Brandi Wilson at 619-696-0199 x1610, bwilson@sdmrm.org

San Diego River Foundation

Date: Thursdays, 2nd & 4th Sundays of each month

Time: Thursdays - 0830-1030; Sundays - 0900-1100

Location: Thursdays – Grant Park at Spring Hill Suites on El Camino del Rio North in Mission Valley; Sundays - 3382 Camino del Rio North San Diego, Ca 92108

Job Description: Maintain river bed for birds, insects, and lizards by weeding, watering, pruning, trail maintenance

Other Information: All ages welcome, tools provided, dress in clothes that can get a little dirty, closed toe shoes required, bring plenty of water and wear sun protection, please note there are no restrooms on site

POC: 619-297-7380, volunteer@sandiegoriver.org

San Diego Habitat for Humanity

Date: Varies

Time: Varies

Location: Varies

Job Description: Neighborhood Revitalization – Exterior Home Repair, Restore – assist with office and administrative needs

Other Information: Youth that are 16 years or older may volunteer on a construction site, but may NOT use power tools or work from a height of six feet or more. An adult chaperone for every five youth volunteers is required for construction for youth groups. Individual volunteers who are 16-17 years old may volunteer on their own. Be sure to inform the site superintendent that you are under 18 and turn in your minor volunteer waiver. Youth aged 14-17 are welcome to volunteer at our neighborhood revitalization projects, which involves painting and landscaping homes that are in need of minor repairs. Orientation offered 1-2 times per month.

POC: For Unit or Groups over 5 interested in Construction or Neighborhood Revitalization contact the Miramar Volunteer Coordinator at smbmiramarmcas.vc@usmc.mil

For additional questions about volunteering with Habitat contact Chris Orkwis at 619-283-4663 x140 or chris.orkwis@sandiegohabitat.org or sign up on their website at <https://www.sandiegohabitat.org/Volunteer/New-Volunteer-Start-Here>

San Diego History Center

Date: Open 7 days a week, commit to two shifts per month

Time: Three hour shifts available 1000-1300, 1200-1500, 1400-1700

Location: 1649 El Prado San Diego, CA 92101 (Balboa Park)

Job Description: Gallery guides, welcome visitors

Other Information: Minimum age of 16

POC: Alison, volunteer@sandiegohistory.org, 619-232-6203 x163

Date: 7 days a week

Time: 1000-1300, 1200-1500, 1400-1700

Location: 1649 El Prado San Diego, CA 92101

Job Description: Gallery Guides (docents) to welcome visitors in a friendly and professional manner, engage visitors in conversations about the exhibitions, answering questions, and enhancing the visitor experience. This is an opportunity for volunteers to learn more about San Diego history.

Other Information: 16+ age to volunteer, ask that you volunteer at least twice per month, volunteers must fill out an online application: <https://www.volgistics.com/ex/portal.dll/ap?ap=1105974819>

POC: Contact Alison Hendrickson, 619-232-6203 x163 or volunteer@sandiegohistory.org

San Diego Parks & Recreation

Date: Last Saturday of every month

Time: 0900-1200

Location: 2727 Presidio Dr., San Diego, CA 92103

Job Description: Presidio Park clean up, trail work, picking up litter, weed removal and planting new plants

Other Information: Most ages ok. 16 and under must have adult present to volunteer

POC: kconners@sandiego.gov

San Diego Zoo (Balboa Park) and Safari Park (Escondido)

Date: At least one year

Time: 60 hours annually

Location: 2920 Zoo Drive San Diego, CA 92101; 15500 San Pasqual Valley Road, Escondido, CA 92027

Job Description: Ambassadors and maintain the safari park garden, active information ambassadors can become Interpretive Ambassadors educating guests about animals and conservation at specific stations

Other Information: 18+ years of age, complete online application including references, successful complete an interview panel, complete orientation and training, no animal handling or direct animal contact. Volunteer application is at <https://zoo.sandiegozoo.org/jobs/volunteer-application>

POC: 760-738-5061

Sea Cadet Program

Date: 2nd weekend of every month, Saturday or Sunday

Time: Saturday 0800-1600; Sunday 0800-1400

Location: 3632 Tulagi Rd, Coronado, CA 92118 (Naval Amphibious Base)

Job Description: Administrative work, issuing and storing uniforms, maintaining order and drill, classroom presentations

Other Information: CPR certification, LOAs, TAD orders and pilots license through Sea Cadets, Lifeguard certification

POC: ragpaoa@secadets.org or Andrew.torres2945@gmail.com

Serving Seniors (San Diego)

Date: Ongoing

Time: 1-4 Hours per month

Location: 525 14th St. San Diego, CA 92101

Job Description: Tell them a story, listen to one of theirs, share a joke, serve lunch, play a game, teach a class, host a social activity, host birthday parties, bingo assistant, Zumba Gold Instructor

Other Information: Fill out application on <https://servingseniors.org/get-involved/volunteer.html>

POC: 619-235-6572, Elle, 619-487-0605 or elle.leidy@servingseiors.org

Scripps Birch Aquarium (University of California, San Diego)

Date: one 4 hour shift per week (minimum 6 month commitment)

Time: Varies

Location: 2300 Expedition Way, San Diego, CA 92037

Job Description: Tide pool interpreter, greeter, school programs assistant, public programs assistant, aquarist assistant

Other Information: Quarterly new applicant orientation, interview, 16+ years of age, \$30 annual membership must be purchased that includes free unlimited admission free aquarium passes annually, information special lectures, and other discounts and exclusive opportunities.

POC: Volunteer Program Manager, Nusrat, nsymons@ucsd.edu

Silkes Adobe Historic Farmstead (Escondido)

Date: Varies, Sundays

Time: Varies

Location: 12655 Sunset Dr. Escondido, CA 92025

Job Description: Watering, planting, weeding the gardens, and nursery

Other Information: No experience required. Sundays run a Farmer's Market Booth.

POC: Leana 760-716-1214, Leana@sdrp.org

Story Tent (Traveling Stories)

Date: First Tuesday of every month from 1700-1900

Time: 1700-1900

Location: 3794 30th St. San Diego, Ca 92104 (North Park)

Date: Every Friday from 1700-1900

Time: 1700-1900

Location: 10 Evergreen Ave. Imperial Beach, CA 91932 (Imperial Beach Farmers Market)

Date: Every Saturday

Time: 1000-1200

Location: 345 South Melrose Dr. San Diego, CA 92081 (Vista Farmers Market)

Date: Every Saturday

Time: 0845-1200

Location: 4325 Wightman St. San Diego, CA 92105 (City Heights)

Date: Every Saturday

Time: 1300-1500

Location: 415 Parkway Plaza, El Cajon, CA 92020 (El Cajon)

Date: Every Sunday

Time: 1300-1500

Location: 500 Grossmont Center Dr. La Mesa, CA 91942 (La Mesa)

Job Description: Reading role models to children

Other Information: Complete online application <https://travelingstories.org/volunteer/> and volunteer monthly

POC: 619-487-0548, info@travelingstories.org

Surfrider, San Diego Chapter

Graphic Design

Date: Check open house schedules

Time: 1000-1200

Location: 8833 Harmony Grove Road Escondido, CA 92029 (Elfin Forest Interpretive Center)

Job Description: Donate your design expertise for digital and fliers, brochures, etc.

Other Information: Learn about the center, trails, tour and explore the reserve, background check, participate at least 3 hours per month

POC: mitch@surfridersd.org

Ocean Friendly Restaurants Program (this program is suspended during COVID-19)

Job Description: Reaching out to restaurants and compliance check

Other Information: Request a Volunteer Resource Package

Policy Advocate

Job Description: Rise above plastics, single use plastics

Other Information: Paired with an experienced volunteer

POC: rap@surfridersd.org

Beach Preservation & Access Monitoring

Job Description: Monitor the agendas of city councils and planning commissions, regional and state agencies like SANDAG, the SD Water Authority, etc. for items that relate to the protection of the ocean, waves, and beaches.

POC: lauraw@surfridersd.org

Illegal Red Curb Tracking

Job Description: Track, verify, and report barriers to equitable beach access

POC: kristin@surfridersd.org

The Escondido Creek Conservancy Volunteer

Date: Check open house schedules

Time: 1000-1200

Location: 8833 Harmony Grove Road Escondido, CA 92029 (Elfin Forest Interpretive Center)

Job Description: Educate visitors as a Docent, hike and monitor local trails as a Trail Patrol volunteer, help with restoration projects

Other Information: Learn about the center, trails, tour and explore the reserve, background check, participate at least 3 hours per month

POC: <https://www.eventbrite.com/e/volunteer-open-house-tickets-65120501172>

The Foundation for Senior Care (Fallbrook)

Care Buddies, Home Enhancements, Moving Helpers

Date: Flexible schedule

Time: Flexible time

Location: 135 South Mission Road Fallbrook, CA 92028

Job Description: Care buddies contact homebound seniors via telephone to check in on them and provide social interaction; Home enhancements are to build ramps for wheelchair accessibility, install grab bars, smoke alarms, or similar safety equipment; Move helpers to help them pack their belongings/furniture to a facility

UPDATED: Aug 2022

Other Information: Must be at least 21 years of age, orientation/training provided
POC: 760-723-7570; fsc@foundationforseniorcare.org

USO

Liberty Station Center (Walking Distance from MCRD)

Date: Monday-Friday

Time: 0900-1300 or 1300-1700

Location: 2790 Truxton Rd. Ste. 110 San Diego, Ca 92106

Job Description: Various jobs in the office

Other Information: Walking distance from base

POC: Register at www.volunteers.uso.org

Military Entrance Processing Center (MEPS) through the USO

Date: Monday-Friday

Time: 0800-1200; 1200-1600

Location: 4181 Ruffin Road San Diego, Ca 92123

Job Description: Varies

Other Information: Contact POC

POC: Register at www.volunteers.uso.org

Neil Ash Airport Center (USO)

Date: Seven days a week

Time: 0600-1030/ 1030-1500; 1500-1930; 1930-2400

Location: 4181 Ruffin Road San Diego, CA 92123

Job Description: Varies

Other Information: Contact POC

POC: Register at www.volunteers.uso.org

Mobile Farmer's Market (USO)

Date: Fridays, February 7 & 21, 2020 & 26 (Every 1st & 3rd Friday of the month)

Time: 1100-1500

Location: 1st at the Liberty Station center and 3rd Friday will be rotated around the county

Job Description: Help set up, hand out food, and tear down

Other Information: Register at <https://www.signupgenius.com/go/70a044eabad2aa2f49-mobile>

POC: Michelle, 619-235-6503 mpranger@uso.org

Tuesday Meals at the Airport Center

Date: Every Tuesday evening

Time: 1000-1400

Location: 4181 Ruffin Road San Diego, CA 92123 (Neil Ash Airport Center)

Job Description: Volunteers are need for set up, serving the meal, and break down

Other Information:

POC: Michelle, 619-235-6503 mpranger@uso.org

Mobile Food Pantry

Date: 2nd Friday of every month; 1st and 3rd Saturday of every month

Time: 2nd Fri 1000-1300; 1st & 3rd Sat 0700-1000

Location: Fridays - 2790 Truxton Rd, San Diego, CA 92106 (Liberty Station Center); Saturdays – 4645 Morena Blvd. San Diego, CA 92117 (Harley Davidson parking lot)

Job Description: Support the pantry by handing out fresh produce and other items to active duty and their families

Other Information: Event takes place in the parking lot outside

POC: Michelle, 619-235-6503 mpranger@uso.org

Wednesday Night Dinner

Date: Wednesday, February 12 & 26 (Every 2nd & 4th Wednesday of the month)

Time: TBD

Location: TBD

Job Description: Help set up, serve the meal, and break down.

Other Information: Locations of the dinners change every week, so it is important to register for the dinner, in order to find out the location. Register at <https://www.signupgenius.com/go/70A044EABAD2AA2F49-wednesday>

POC: Michelle, 619-235-6503 mpranger@uso.org

USS Midway Museum

Date: Weekly

Time: Varies

Location: 910 N Harbor Dr. San Diego, CA 92101

Job Location: Training provided.

Other Information: Get involved with a short-term group project or individual assignments of 4 months or longer.

POC: volunteering@midway.org, 619-398-8289, www.midway.org

Voices for Children, CASA (San Diego and Riverside Counties)

Date: Varies per month

Time: 10-15 hours per month

Location: 2851 Meadow Lark Dr, San Diego, CA 92123

Job Description: Court Appointed Special Advocates (CASA), assist foster care children

Other Information: Interview, orientation, training provided, 21+ years of age, follow a child's care for 18 months, 6 months experience before deployment, can accommodate deployment schedules. See website at

<https://www.speakupnow.org/volunteer/?fbclid=IwAR2p2iNK1uh6qNSA01x8mUT0-Db-Nu7RITa5XqHvACE2j90X0Njs9jqAY0>

POC: Nicole, 858-598-2210 (SD County); Sharon, 951-534-1043 (Riverside); volunteer@speakupnow.org

Warner-Carrillo Ranch House (Save Our Heritage Organization)

Date: Weekends only

Time: Varies, 4 hours shifts

Location: 29181 San Felipe Rd. Warner Springs, CA 92086 (1.5 hours from MCRD, near Cleveland National Forest)

Job Description: Docent, provide tours

POC: Robin Lakin at rlakin.sohosandiego@gmail.com

Whaley House San Diego (Save Our Heritage Organization)

Date: Varies

Time: 4 hour shifts

Location: 2476 San Diego Ave, San Diego, CA 92101

Job Description: Docent, greet visitors, provide brief background about the history of the site

Other Information: 3 weeks of training, earned memberships, discounts, fill out an application at

<http://whaleyhouse.org/volunteerapplication.htm>

POC: Robin Lakin at rlakin.sohosandiego@gmail.com

Wildlife Survey Volunteer Training, Los Penasquitos Canyon Preserve

Date: Saturday, April 20, 2019

Time: 0745-1230

Location: 12212 Canyonside Park Drive San Diego, CA 92126

Job Description: Learn about conservation, habitat fragmentation, basic track and scat identification, data collection protocols, and survey transects. Upon completion of the class, you will be able to join wildlife survey team

Other Information: Must be at least 16 years old to volunteer, 4 hours per quarter required to volunteer after initial 4.5 hour training. Volunteer orientations are given quarterly in January, April, July, and October.

POC: www.sdt.org/volunteer-training, register at info@sdt.org or call 760-715-4102, leave your name and email address to reserve a spot for the training

Workshops for Warriors

Date: Wednesdays and other days

Time: 1030-1300 and other times

Location: 2970 Main St. San Diego, CA 92113

Job Description: Serve lunch on Wednesdays, deliver fliers to local veteran's organizations, assist at their events (social activities, graduations, etc.)

Other Information:

POC: Info@wfw.org, 619-550-1620

Young Marine Program

Date: Designated Saturdays

Time: TBD

Location: MCAS Miramar

Job Description: Boot camp instructors, youth mentorship, teaching drills, and more

POC: ym_miramar@yahoo.com