

# FAQ



"What if I am not a new parent?"

## WHO IS ELIGIBLE FOR THIS PROGRAM?

Active duty service members and their eligible family members who are expecting a child, or have children under the age of six can utilize all of the services offered free of charge.

## WHAT CAN THE NEW PARENT SUPPORT PROGRAM DO FOR ME?

This program offers expectant parents and parents of newborn and young children the opportunity to learn new skills as parents and to improve old ones. There are often many questions about the needs of infants and young children. The New Parent Support Program is a reliable source for answers to your questions in the classroom or in the privacy of your home.

## WHAT IF WE ARE NOT NEW PARENTS?

Even if you have been raising your family for a few years, new ages and stages bring different challenges. Often, adding a brother or sister to the family presents a real change for the family. The New Parent Support Program offers you the opportunity to express your concerns and ask questions about babies, young children, and family relationships.

All of our services are FREE for authorized patrons.

Class schedules are posted online at [southcarolina.usmc-mccs.org](http://southcarolina.usmc-mccs.org).

To register, or for more information, call 843-228-6565.

New Parent Support Program office is located at:

564 Drayton Street Beaufort, SC 29904

"Now that I brought home my newborn, my 3-year old wants a bottle again."



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WEBSITE



**MARINE**  
& Family

New Parent  
Support  
Program

(Rev.1/19/24)

# NEW PARENT SUPPORT PROGRAM



**MC**  
CS  
SOUTH CAROLINA

# HOME VISITATION

Let us meet your family in your home, in a safe and familiar environment.



Parents have the opportunity to discuss parenting topics such as:

- Nurturing Parenting
- Child Proofing Home
- Infant Massage
- Child Behavioral Issues
- Appropriate Discipline
- Nutrition
- Child Development
- Age Appropriate Play



# CLASSES



Our NPSP licensed home visitors are here to help. Home visitors provide parenting education, information, and support to military families. Services are available to expectant parents and to families with children under the age of six. All NPSP services are FREE.

## BABY BOOT CAMP

- Bringing baby home, now what?
- Learn the basics of newborn care for expecting parents in the third trimester
- For both moms and dads

## INFANT MASSAGE

- Learn new ways to bond with your baby
- Learn techniques to comfort, calm, and soothe your baby

## PLAY MORNING

- Play morning is an interactive play group for parents and their child. It is designed to teach parents developmentally appropriate play and to help children improve their social, cognitive, and motor skills. For children under the age of six.
- Meet other parents and join us for educational activities, sing-along-songs and story time.
- **Play groups:** on Monday from 1100-1200 at the MCRD CDC, Wednesday from 1100-1200 at Semper Fit Laurel Bay Center, and on Thursday from 0930-1030 at MCAS IPAC. Please call 843-228-6565 for additional information.



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