

# MANAGING YOUR TRANSITION TIMELINE (MYTT) Transition activities must begin NLT 365 DAYS before transition and may begin as early as 24 MONTHS prior to retirement

Access Transition Online Learning (TOL) for self-paced online courses

### 24 - 18 MONTHS

- Make an appt with your local TAP Counselor to begin the TAP process □ Retiring: Schedule and attend Individualized Initial Counseling and Pre-Separation Counseling Identify a mentor
- Create a LinkedIn account and start to build your network
- Review your Joint Service Transcript (JST), Verification of Military **Experience and Training** (VMET), CG-4082, and other Service specific documents for accuracy Use MilGears to conduct
- career exploration
- Update your spending plan; review your emergency savings fund

# **18-12 MONTHS**

- □ Separating: Schedule and attend Individualized Initial Counseling and Pre-Separation Counseling Explore SkillBridge opportunities or credentialing opportunities through COOL
- Schedule TAP workshops and tracks through your TAP Counselor/Office
- Create a master resume Consider taking CLEP exams

## **12-6 MONTHS**

- Begin and refine your job search
- Use your master resume to begin drafting targeted resume
- Arrange for household goods (HHG) transportation counseling if necessary
- Review and update your will and other legal documents
- Retiring: meet with your Service Retirement Office
- □ Start attending career fairs
- Obtain copies of medical records and attend appointments to prepare to submit for **Benefits Delivery at Discharge** (BDD) or Fully Developed VA Disability claim

# 6-4 MONTHS

- □ Start your SHPE and SHA, visit TRICARE online for information
- Schedule final dental checkups
- Consider whether to take terminal leave or sell back your leave balance
- Determine if you are eligible for separation pay or early retirement
- Submit a BDD claim using a vetted VSO
- Connect with an American Job Center (AJC) near you
- Register on VA.gov
- □ Sign up for a free year of LinkedIn Premium
- □ Make an appointment with a financial counselor

DD 214

TRICARE

insurance options

□ Retiring: Register for

Contact your medical

dental records

Set up a one-on-one

Obtain a Veterans'

Apply for Personalized

**Career Planning and** 

registration

Advisor

Guidance

treatment facility to get

Complete VA Healthcare

copies of your health and

session with a VA Benefits

Preference letter from VA

#### **3 MONTHS** Review vour DD 2648 and Begin applying and

- interviewing for Research your health positions
  - Submit fully developed VA Disability claim through a vetted VSO
  - Retiring: Make a Survivor **Benefit Plan election**
  - complete DD 2656 with a retirement services office or counselor
  - Review Military OneSource for resources available first-year post-transition
  - Retiring: Sign up for dental and vision insurance
  - □ Schedule Capstone with a TAP Counselor and Commander/designee

□ Retiring: Review and

# **90 DAYS OR LESS**

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- Have multiple certified copies of your DD 214 and 2656
- Update VA.gov with personal phone number, email, and address
- Apply for VA Dental Insurance
- Apply for VA Veteran's Health Identification Card, if using VA healthcare
- Apply for Veteran ID card to receive Veteran discounts
- Resources available posttransition:
- Military OneSource
- AJC for employment needs
- TOL for TAP courses and resources